

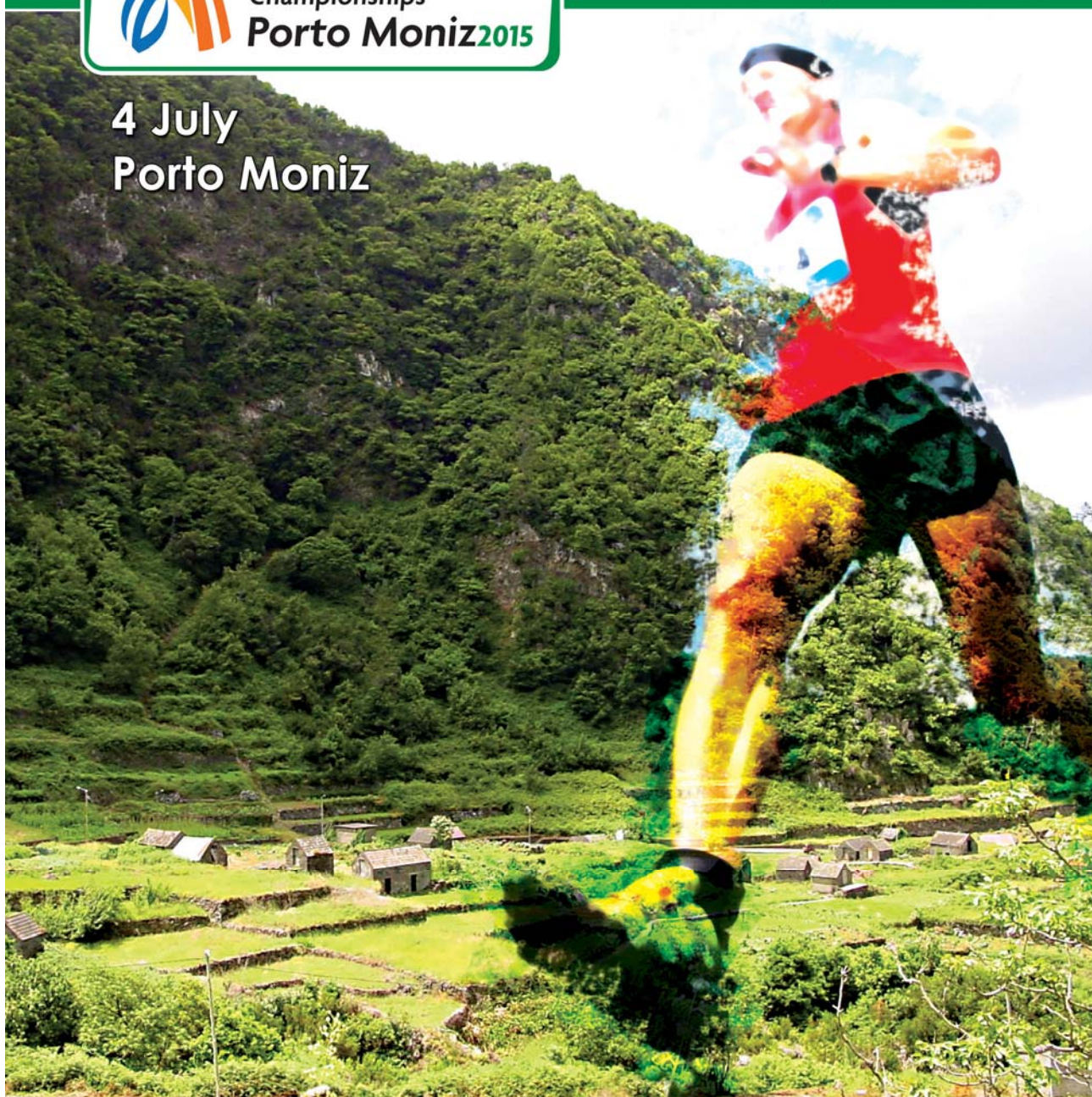


European
Mountain Running
Championships
Porto Moniz2015



www.emrchportomoniz2015.com

4 July
Porto Moniz



HOST INSTITUTIONS



Associação de Atletismo
da Região Autónoma
da Madeira
www.atletismomadeira.pt



madeira islands

NATIONAL PARTNERS



www.european-athletics.org



Information Bulletin

European Mountain
Running Championships

4 July 2015, Porto Moniz
(Madeira) /POR



4 July
Porto Moniz
(Madeira)/POR

PORTO MONIZ, HOST MUNICIPALITY

The event will be held in the municipality of Porto Moniz (Madeira Island / POR).

With 82.93 km² and around 3.000 inhabitants, Porto Moniz is located in the north side of the island, surrounded by nature and sea, where the Laurissilva Forrest builds its home. It's a small and pleasant fishing village, mostly known by its volcanic natural swimming pools, very popular between inhabitants and foreigners on summertime.

As expected in a village like this, you can experience some of the best sea food or local specialties in the restaurants along the sea front.

Porto Moniz is also an important wine and cattle region, holding every year in one of the summer months, the cattle fair.

Among the points of interest you can also find the **Madeira Aquarium** that hosts almost 100 species that inhabit our seas, the **Science Centre** with some permanent exhibitions and a "cyber-coffee", or the **Achadas da Cruz Cable Car**, a unique thrill trip over the cliff and into the sea.



Porto Moniz



Aquarium



Natural Swimming Pools



Porto Moniz Helipad



Achadas da Cruz



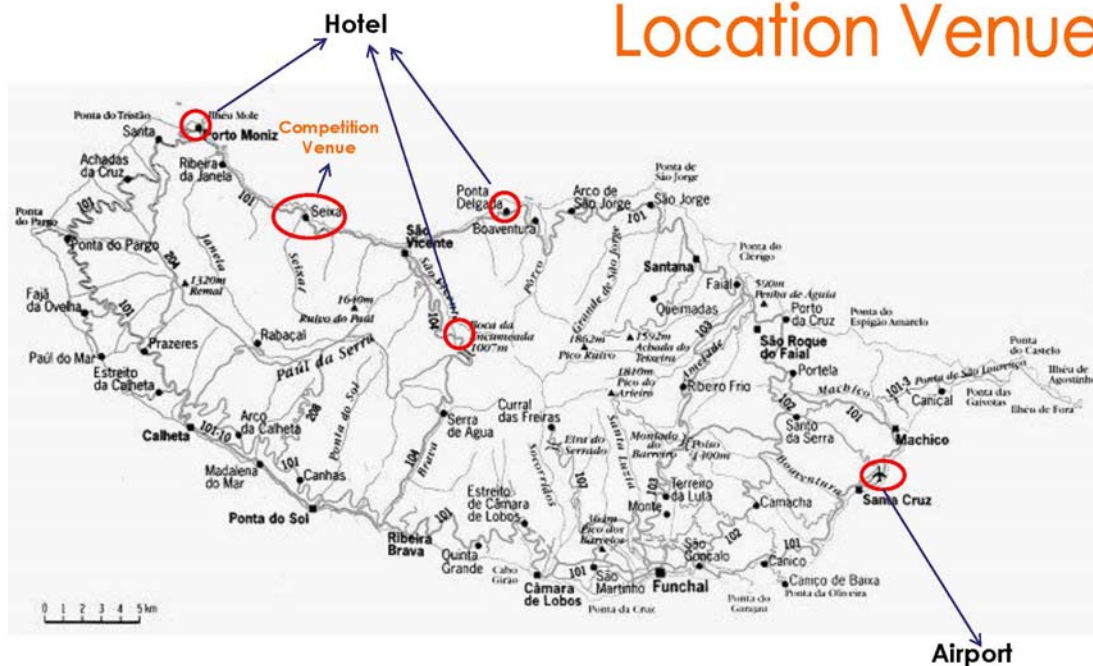
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DATE AND VENUE

The event will take place on 4 July 2015 in Porto Moniz (Madeira Island / Portugal).

The competition venue is located in Seixal Village.

Location Venue



Driving Distance between Hotel and Competition Venue: From 7 km up to 19 km
Driving Distance between Hotel and Airport: From 41 km up to 64 km

AIRPORT

The official airport for the European Mountain Running Championships is the Madeira International Airport (FUN). Since the teams will be allocated in different hotels, the transfer time from the airport will be from 45 up to 60 minutes.

VISA INFORMATION

Visas should be obtained before leaving your country, from Portugal Embassy or Consulate.

Visit the Portuguese Immigration and Borders Service website for more information:

<http://www.sef.pt/portal/V10/EN.aspx/apoioCliente/index.aspx#0>



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The following countries require visas to enter:

Country	Portuguese Embassy
Albania	Rome, Italy
Armenia	Moscow, Russia
Azerbaijan	Ankara, Turkey
Belarus	Moscow, Russia
Bosnia-Herzegovina	Belgrade, Serbia
Georgia	Ankara, Turkey
F.Y.R. Macedonia	Ankara, Turkey
Moldova	Belgrade, Serbia
Russia	Moscow
Sérbia	Belgrade
Turkey	Ankara
Ukraine	Kiev

In case of problems or additional information, please contact the Local Organising Committee:

Mr. Policarpo Gouveia (LOC President)

Tel: (+351) 291 764 801 Fax: (+351) 291 764 803

E-mail: geral_aaram@atletismomadeira.pt

ENTRIES

Final entries shall be made through the European Athletics online entry system, accessible at:

www.european-athletics.org, in the "**Arena / Extranet**" section.

Member federations should use their already known ID and password.

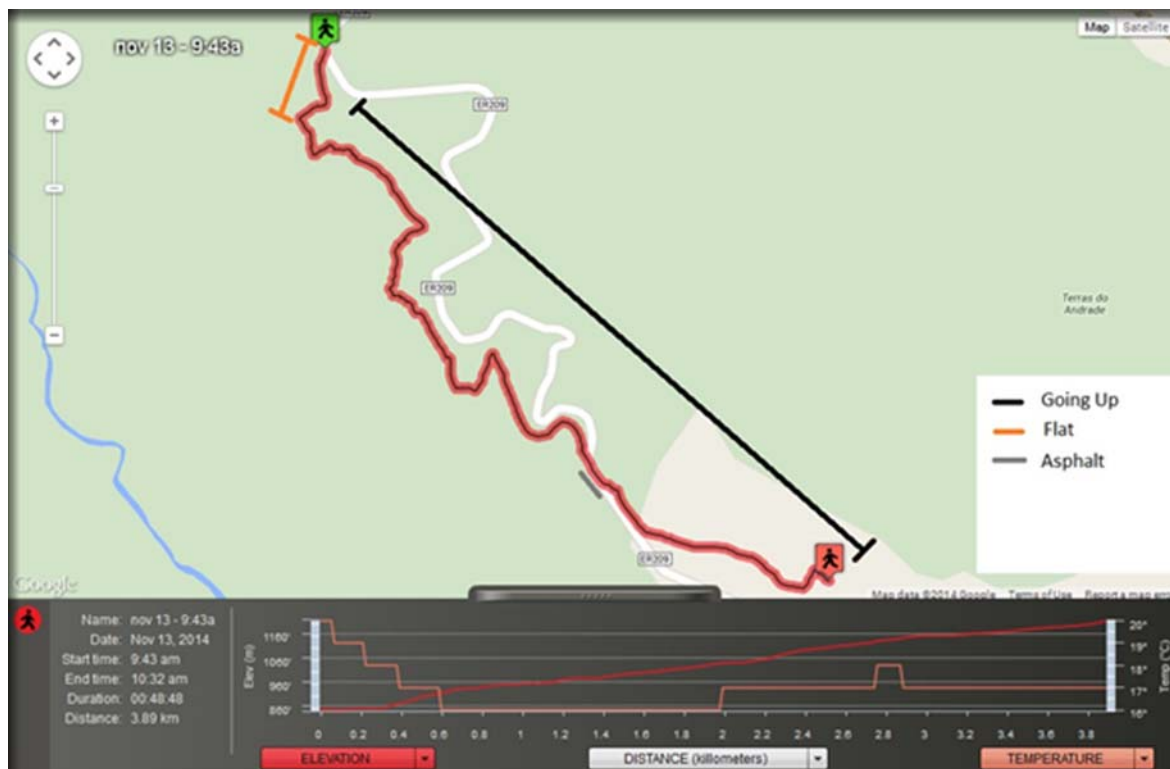
Final entries indicating the athletes and officials names, must be submitted not later than 10 (ten) days before the event.

According to the European Athletics completion regulations, the entries deadlines will be:

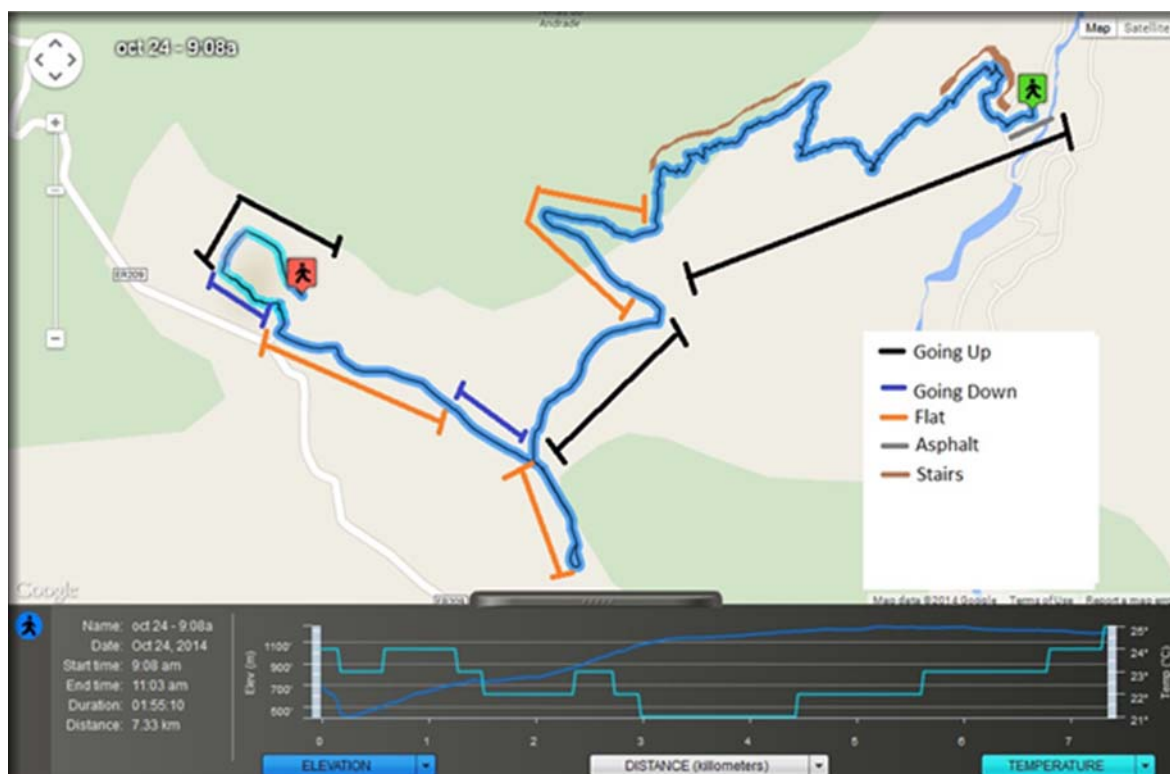
	Entries Opening Date	Entries Deadline
Final Entries (final team entries)	09 June 2015	24 June 2015



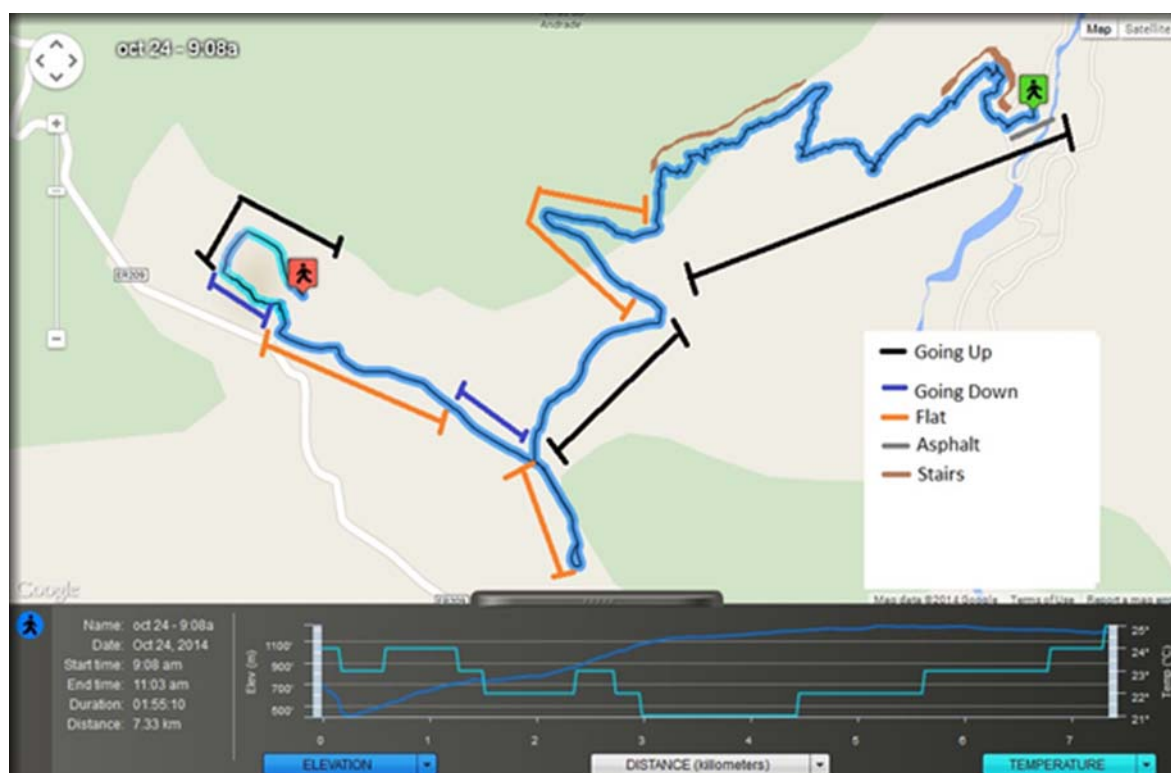
COMPETITION COURSES



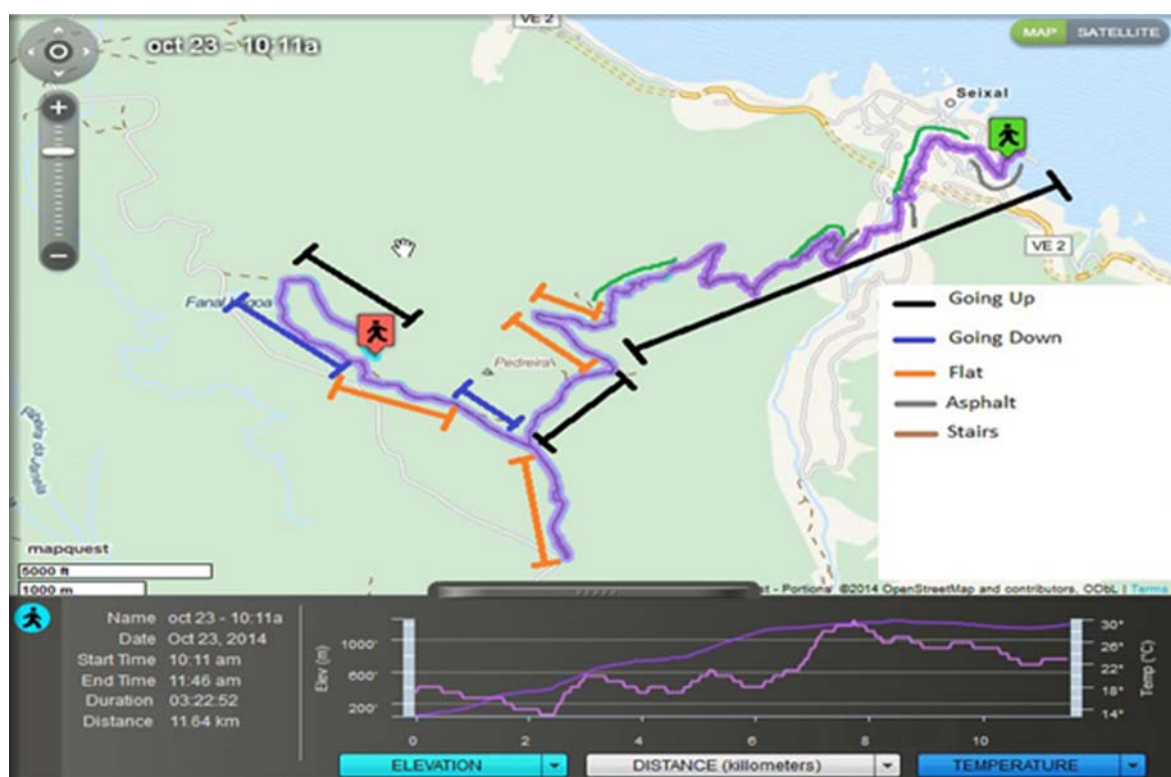
JUNIOR WOMEN



JUNIOR MEN



SENIOR WOMEN



SENIOR MEN



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ACCOMMODATION

Participating teams will be accommodated in the following hotels:

Porto Moniz Village



“Moniz Sol” Hotel – 15 rooms (VIP Hotel)
Address: Rua João Batista, 7 – 9270-095 Porto Moniz
Phone: (+351) 291 850 150
E-mail: informa@hotelmonizsol.com
Website: www.monizsolhotel.com



“Euro Moniz” Hotel – 22 rooms
Address: Rua das Alfarrobeiras, 4 – 9270-095 Porto Moniz
Phone: (+351) 291 850 050
Fax: (+351) 291 853 933
E-mail: info@hoteleuromoniz.com
Website: www.hoteleuromoniz.com



Apartments “Gaivota” – 20 rooms
Address: Rua do Lugar – 9270-095 Porto Moniz
Phone: (+351) 291 850 040
Fax: (+351) 291 850 041



“Salgueiro” Pension – 16 rooms
Address: Lugar do Tenente, 34 – 9270-095 Porto Moniz
Phone: (+351) 291 850 080
Fax: (+351) 291 850 089
E-mail: reservations@pensaosalgueiro.com



“Pérola do Norte” – 8 rooms
Address: Rotunda do Ilhéu Mole – 9270-095 Porto Moniz
Phone: (+351) 291 853 000
Fax: (+351) 291 853 000



Apartments “Rodrigues” – 9 rooms
Address: Vila de Porto Moniz – 9270-095 Porto Moniz
Phone: (+351) 291 853 233
Fax: (+351) 291 853 235
E-mail: reservas@alojamentos-rodrigues.com
Website: www.alojamentos-rodrigues.com



“Atlântico” Residence – 10 rooms
Address: Rua Forte S. João Batista – 9270-095 Porto Moniz
Phone: (+351) 291 852 500
Fax: (+351) 291 852 504
E-mail: info@residencial-atlantico.com
Website: www.residencialatlantico.com



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“Campo & Mar” – 10 rooms
Address: Ribeirinho – 9270-091 Porto Moniz
Phone: (+351) 291 850 140
E-mail: moniztur@moniztur.pt

Ribeira Brava Council – Serra de Água Village (16 km)



“Estalagem da Encumeada” (Inn) – 40 rooms
Address: Feiteiras, Serra D’Água – 9350-000 Ribeira Brava
Phone: (+351) 291 951 282

São Vicente Council – Ponta Delgada Village (14 km)



“Monte Mar Palace” Hotel – 46 rooms
Address: Sítio do Montado, Ponta Delgada – 9240-104 São Vicente
Phone: (+351) 291 860 030
Fax: (+351) 291 860 031
E-mail: montemar@mail.telepac.pt
Website: www.montemarpalace.com

The team hotels allocation will be defined after the final entries deadline.

FINANCIAL CONDITIONS

In accordance with the European Athletics Regulations (1110.4), European Athletics shall bear the board and lodging expenses of visiting teams at the venue of the competition for a maximum period of not more than 3 (three) days and for a maximum number of the scoring athletes in each event.

The full board price as agreed will be per day / person for all out of quota officials, for additional nights and additional single rooms (upon availability):

Team Members	Single Room	Twin Room
All athletes and in ratio officials	85.00* EUR per person/night	75.00 EUR per person/night
Officials outside the ratio	85.00 EUR per person/night	80.00 EUR per person/night
Additional nights (Athletes & Officials)	85.00 EUR per person/night	80.00 EUR per person/night

All prices include meals and VAT



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* Each participating team shall be allocated in a minimum number of single rooms, equal to 10 % of the total number of athletes and in quota officials entered, for the price of double room.

INSURANCE

European Athletics Member Federations are responsible for taking out their own insurance to cover illness or injury to any member of their party, when travelling to and from and during the European Mountain Running Championships.

WEBSITE

Additional information for the forthcoming European Mountain Running Championships can be found on the following websites:

<http://www.emrchportomoniz2015.com>

<http://www.european-athletics.org/competitions/european-mountain-running-championships>

GENERAL SCHEDULE		
Thursday, 2 July	All day	Arrivals and Accreditation
Friday, 3 July	10:00 – 13:00	Training
	14:30	Technical Meeting
	17:00	Opening Ceremony
Saturday, 4 July	08:30 – 13:30	Competition Day
	20:00	Final Banquet & Awards Ceremony
Sunday, 5 July	All day	Departures

TIMETABLE

Start Time	Category	Distance	Up
09:00	Junior Women	4 km	400 m
09:30	Junior Men	7.9 km	850 m
10:30	Senior Women	7.9 km	850 m
11:30	Senior Men	11.850 km	1.250 m



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LOCAL ORGANISING COMMITTEE

Any further questions regarding the European Mountain Running Championships that will be held in Porto Moniz / POR on 4 July 2015, please address to:

Mr. Policarpo Gouveia (LOC President)

Madeira Athletics Association

Tel: (+351) 291 764 801 Fax: (+351) 291 764 803

E-mail: geral_aaram@atletismomadeira.pt